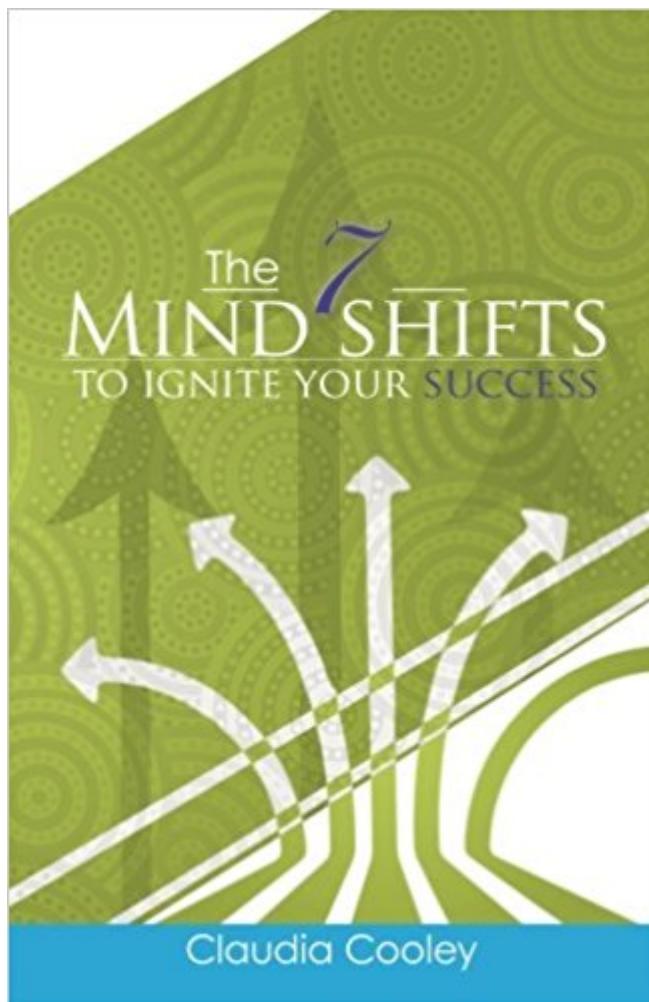


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# The 7 Mind Shifts To Ignite Your Success



## **Synopsis**

The 7 Mind Shifts give you every tool, inspiration and motivation to IGNITE Your Success! Building your life on your own terms is a very exciting journey. The keys for designing a life that you love are found in creating balance in all areas of your life. Learn the REAL Magic Formula for Success R → Realize your vision and purpose E → Energize your abilities, talents and gifts A → Accelerate your action steps L → Live your life out loud, with fun and freedom Create your own definition of Success. Design your journey by letting go of the Mind Sets that keep you stuck, frustrated and overwhelmed. Here are the tools to SHIFT your thinking to Ignite your SUCCESS! 1 → Your Vision Empowered by Your Dream 2 → Inspire Confidence and Belief in Yourself 3 → Determination + Commitment + Perseverance 4 → Enthusiasm Infuses Living a Life in Balance 5 → Significant Actions for Significant Outcomes 6 → Build Your Community, Your Leadership and Your Tribe 7 → Have an Attitude of Gratitude & Contribution

## **Book Information**

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CLAUDIA COOLEY is on a mission to inspire others to live their most empowered life. That's exactly why she founded Claudia Cooley, Inc., a Professional Success and Life Enrichment company, where for over 3 decades she has provided workshops, programs and products designed to build your life and business with momentum and fulfillment. Always keeping your bottom line in mind, her focus is to expand and enrich all areas of your life: Your Health, Wealth, Relationships, Legacy, and Branding (how the world sees you). It's all about Building Your Success Synergy. As an accomplished Success Mentor and Mind Shift Business Coach, Claudia shares

dynamic methods to empower men and women to enhance and express their unique gifts, talents, vision and dreams to bring more happiness, fulfillment, and real significance to their lives. A vibrant speaker with a slightly humorous style, Claudia draws upon her innate talents as an inspiring communicator, delivering high-energy presentations, trainings and workshops to audiences everywhere. Her clients include entrepreneurs, authors, business leaders, and individuals committed to living a life they love â€“ one that allows them to live personal excellence and to give to others powerfully. Claudia is the Author of From Dud to Studâ | Revving up for Success and Savvy Women Revving Up For Success: Women Making a Difference in the World Today; Creator of The 7 Mind Shifts to Ignite Your Success Coaching System; and Host /Producer of Rev Up For Success Radio show. For more information about Claudia Cooley, visit: [www.ClaudiaCooley.com](http://www.ClaudiaCooley.com)

This book is amazing and Claudia is so inspiring and a great coach. She has helped me lose 30 pounds, so I know what she is talking about in this book and shifting your mind. Great read and very easy to follow and assignments really hit the spot.

It is changing lives and how people view their own unique possibilities

Great book. Easy format.

Mind shifts is a book about clearing the head trash of limiting belief and opening the door to new opportunities and and bigger visions #Greatread

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